

GOD at HOME



3) How do we do it?

A. *Choose a Day of the Week*



- Convenient to all participants;
- Gather at a comfortable place at home (living or dining room).

B. *Be Consistent and Punctual*



- Avoid canceling or delaying these meetings unless absolutely necessary (travel, i.e.)
- Highly Evolved Spirits have other commitments to attend. Thus, if we want their presence and guidance, we need to be punctual and consistent.

C. *Open it with a Heartfelt Prayer*



Attune with God by:

- praising for the blessings of life;
- asking for protection and guidance;
- giving thanks for the opportunity of getting together.

D. *Read an Inspirational Message*

From books such as:



- The Spirits' Book
- The Gospel According to Spiritism
- Or any other enlightened book

Encourage participants to comment and discuss on the read messages.

E. *Duration of the Meeting*



- 30 minutes to 1 hour
- If you have children at home keep the meeting shorter, but do include them.

F. *Closing Prayer*



- Finish the meeting with another heartfelt prayer asking God for protection for your home, friends, relatives, neighbors and all the ones who suffer.
- You may also ask for world peace.

G. *Spiritually Magnetized Water*



Before the meeting starts provide a glass or jar of water to be magnetized by the Spirit Benefactors during the meeting, who will kindly pour in the spiritual remedies that each family member needs to lead a balanced life.

Additional Tips

- Prior to the opening prayer hold a silent period for a couple of minutes so everyone can tune in with the harmonious Spirit presences.
- Fifteen minutes before the meeting, you play light classical music to help the ambience.
- Try to keep interruptions to a minimum during the meeting.
- Encourage all members to participate.
- Respect all opinions and points of view. Avoid arguments.
- If someone opens up and shares his/hers personal life do not judge or criticize and keep everything in confidence.
- Avoid and control mediumistic phenomena.
- Invite your guests to join you in this meeting.



If You Have Children

- Use coloring books with spiritual themes.
- Use techniques (play dough, puzzles) that may help them understand the topic.
- Ask them to write a short prayer or letter to God.

The God-at-Home meeting is equivalent to a lamp shining onto the work of assistance and spiritual enlightenment. - In Disobsession by Andre Luiz, F.C. Xavier and W. Vieira