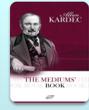


# COMMUNICATION WITH SPIRITS

## 1. Are there Spirits?



- *Spirits* are nothing but the souls of human beings stripped of their physical body.
- *The Mediums' Book*, Allan Kardec, item 2

## 2. What happens after physical death?

- We...
- ...keep thinking.
- ...want to communicate with our loved ones.
- ...are able to visit them.
- ...can act upon matter through the perispirit.



• *The Mediums' Book*, Allan Kardec, Ch. 1

## 5. Are we all mediums?

- Everyone who is in any degree influenced by spirits is a medium.
- *The Mediums' Book*, Allan Kardec, item 159



## 6. What are the levels of mediumship?

- **1. Subliminal**
  - Exists or functions without an apparent manifestation.
- **2. Ostensible**
  - Evident to the medium who can either be conscious, semi-conscious or unconscious during manifestation.



## 9. What are mediumship meetings?



- They are serious Spiritist meetings when incarnates gather together to propel their own inner enlightenment, as they gain instruction from Good Spirits and, at the same time, become instruments in the rescue work of suffering and/or obsessing spirits.

- *The Mediums' Book*, Allan Kardec, item 329

## 10. What is mediumship for?

God has given mediumship to man for a **serious and useful purpose.**

1. Self-illumination
2. Humankind's progress
3. Develop virtues
4. Help others in both planes

- *The Spirits' Book*, Allan Kardec, Q&A 430



## 3. What are the mechanisms of spirit communication?

- We are spirits. We think continuously.

Spirit → Continuous Thought → Universal Cosmic Fluid



**We think...we communicate!**

Genesis by Allan Kardec & Reincarnation by Gabriel Dellane

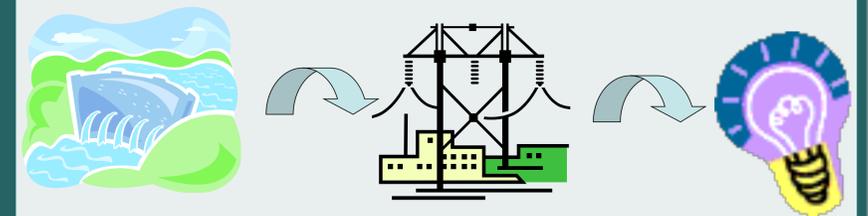
## 7. What are the types of mediumship?

- **Mediumship of Physical Effects**
  - Those mediums who have power of obtaining physical manifestations.
  - *Healing, Rapping, Displacement and Suspensions, Musical, Apparitions*
- **Mediumship of Intellectual Effects**
  - Those mediums who are more especially apt for receiving and transmitting intelligent communications.
  - *Hearing, Speaking, Seeing, Writing, Somnambulism*



*The Mediums' Book*, Allan Kardec, Ch. 25

## 11. What is the role of Spiritism in mediumship?



Spiritism has come as a framework to guide mediumship by **disciplining and conducting** it for the general good.

*In the Domain of Mediumship* by Andre Luiz/Francisco Xavier

## 4. What is mediumship?

- Mediumship is one of the incarnate being's attribute, which is used to communicate with discarnates.
- *Evolution in Two Worlds* by Andre Luiz, psychographed by Francisco Xavier and Waldo Vieira



## 8. What is a good medium?

- Good mediums are those who understand they have a mission to fulfill, and they must be ready, to sacrifice tastes, habits, and other worldly interests, to the good of others.
- *The Mediums' Book*, Allan Kardec, item 197



## 12. Does the practice of mediumship foster progress?

- It helps both incarnates and discarnates. Incarnates are helped because the disciplined practice of mediumship deepens self-awareness and mind control. And "the entities that are enlightened during these Spiritist meetings will reincarnate in better moral conditions and to count on stronger inner resources."
- *Getting to the light*, Nilson Pereira

