

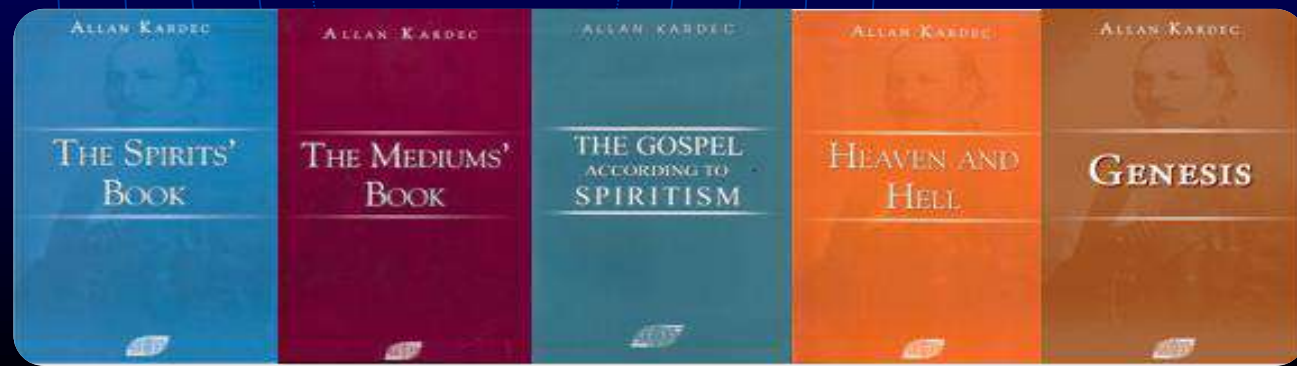


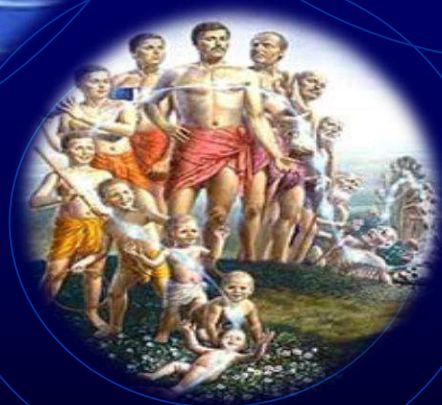
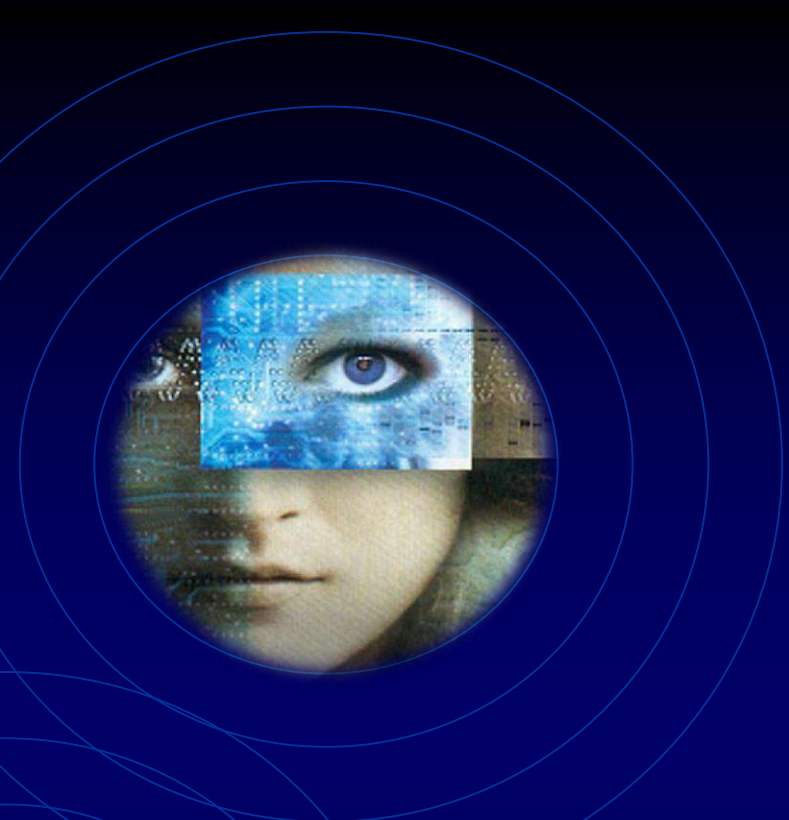
# 20 Truths

# Spiritism Teaches you



UNITED STATES  
SPIRITIST FEDERATION






**1 – Gives you the knowledge of your position as an eternal being responsible towards life.**



**2 - Explains the real meaning of the lessons of Jesus and all the other Spiritual mentors of humanity that lived in various regions of the planet.**



**3 – Removes once and for all concerns regarding the fear of death, proving that “it” does not exist!**



**4 - Reveals the principle of reincarnation, explaining the reason for pain and the apparent social inequalities.**



**5 - Gives you strength to bear the greatest problems of the body, showing you that the physical instrument only reflects the conditions or needs of the spirit.**



**6 - Reassures you with respect to the differences and disagreements experienced by family members, explaining that the family is composed not only of affections, but also of disaffections from past lives, for the necessary regeneration.**

**7 - Shows you that the main temple to worship the Divine presence is your conscience .**







**8 - Frees your  
mind of all taboos  
and dogmas  
related to  
religious belief.**



**9 - Eliminates  
most of the  
concerns about  
the future after  
"death."**



**10 - Gives you the comfort of communicating with your loved ones after the physical**



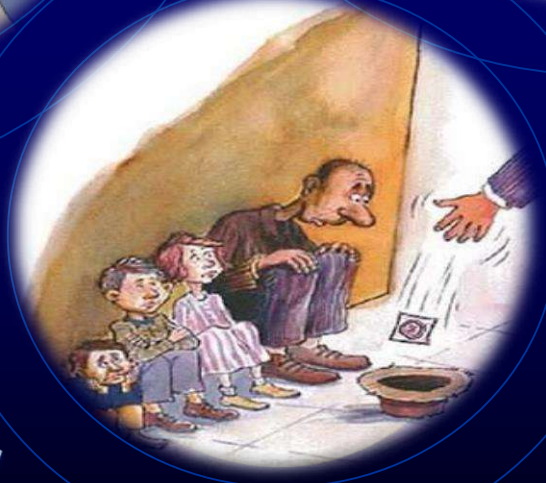
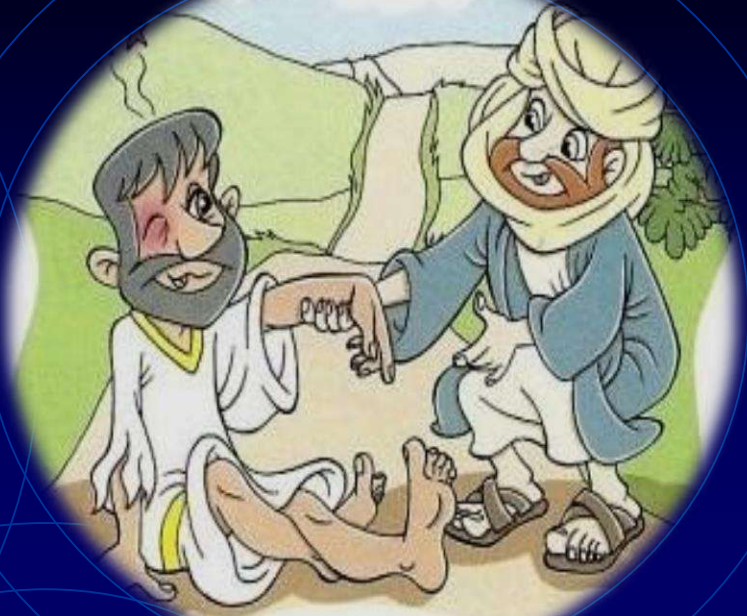
**11 - Teaches you about Mediumship.**



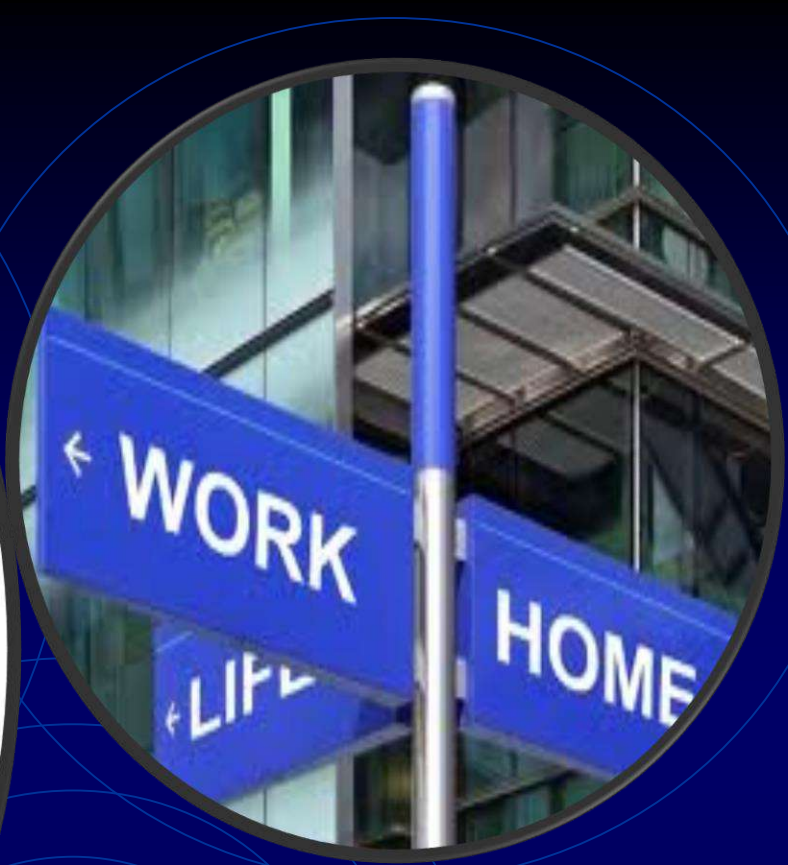
**12 – Teaches you how to prevent spiritual attachment and how to cure yourself from obsessions.**



**13 - Gives you the  
right to rational  
faith.**



**14 – Highlights to you the need for charity and to embrace it as your personal duty.**



**15 - Helps you to revise and evaluate your concepts of work and time.**

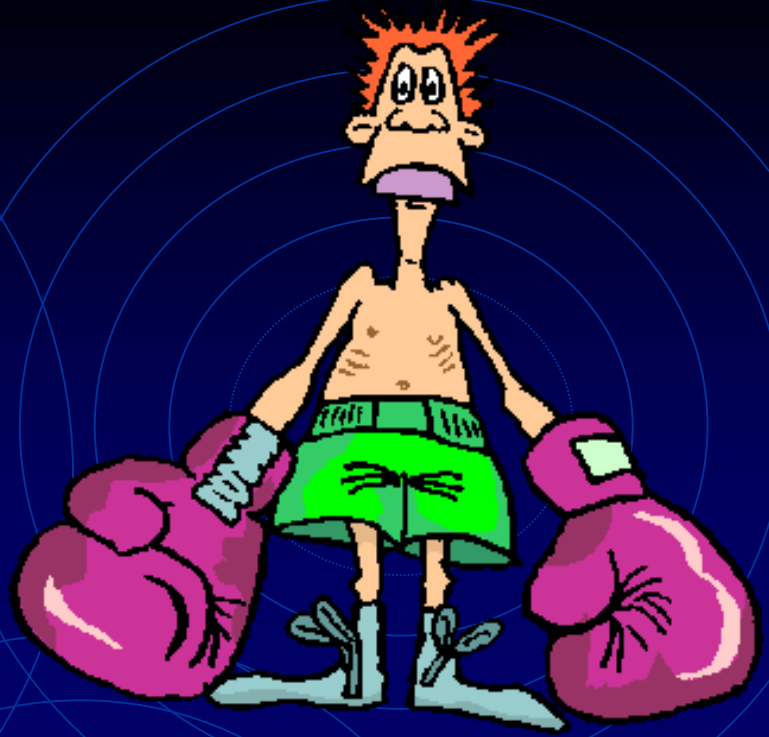




16 - Gives you the natural certainty that if you do good or if you harm someone, you are going to receive good or bad in return.  
We reap what we sow.



**17 - Gives you peace and serenity in the face of slander or criticism.**



**18 - Teaches  
you to consider  
adversaries as  
instructors.**

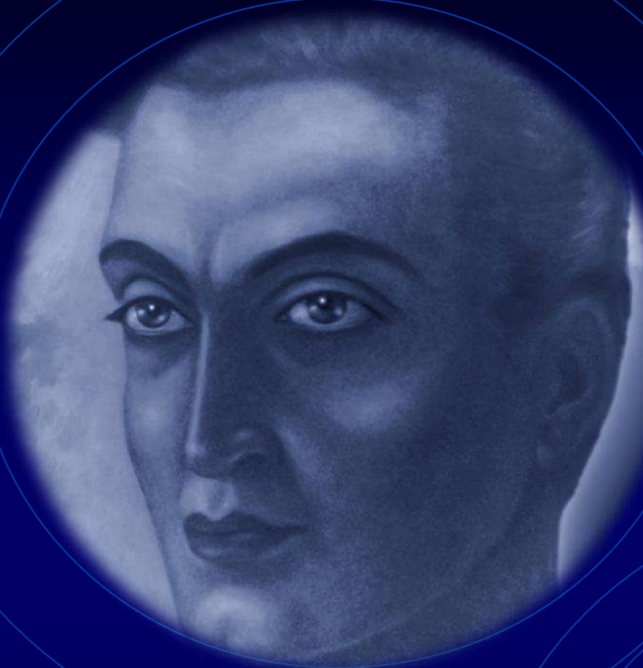


**19 – Explains that no matter how many external difficulties you may face, you intimately is free to improve or worsen your own situation. You are the artisan of your life.**



**20 – Explains that faith enlightens the way, but no one will flee from the Law that determines: To each according to one's deeds.**

**André Luiz**



**“The greatest charity one can do in relation to Spiritism is to disseminate it”.**

**Emmanuel**